

## **Computed Tomography (CT) Preparation Instructions:**

- If your CT exam is ordered with oral or intravenous contrast, do not eat or drink for 4 hours prior to your appointment.
- Wear loose, comfortable clothing with no metal (you may have to change into a gown).
- If you are having an abdominal and/or pelvic CT, you may require oral contrast. You will need to pick up the contrast at our office at least 24 hours prior to your appointment. This will be determined when your appointment is scheduled.
- Some CT scans require the administration of intravenous contrast. Patients who have diabetes or renal disease require special care because the kidneys are involved in excretion of the intravenous contrast from the body. These patients should consult with their physicians about proper scheduling.
- **If you are Diabetic: DO NOT** take Metaglip, Glucophage, Glucovance, Avandamet (or any drug containing Metformin) the day of your exam and for 48 hours after your exam.
- Bring your prescription and insurance card.
- Bring all previous imaging/radiology studies (that were not done at RAI) relating to your current study.

For additional information please call **(609) 585-8800**