

Ultrasound Preparation Instructions:

- For ultrasound studies of the abdomen, you must not eat for 6 hours prior to your exam.
- For ultrasound studies of the pelvis, 1st trimester pregnancy or urinary bladder you may eat prior to the exam, but you will need a full bladder. Two hours before your appointment, empty your bladder. Ninety minutes prior to your appointment, drink 32 oz. of clear, non-carbonated, fluid. All liquid should be finished 1 hour before your study so that your bladder will be full. DO NOT go to the bathroom until your study is complete. (If study is for 2nd or 3rd trimester pregnancy, reduce fluid to 20 oz.).
- For ultrasound studies of the breast, thyroid, extremity or other body part not listed above, there is no preparation.

- Bring your prescription and insurance card.
- Bring all previous imaging/radiology studies and reports (that were not done at RAI) relating to your current study.

For additional Information please call **(609) 585-8800**