

Barium Enema Preparation Instructions:

- The day before your exam you must have a liquid diet (tea, clear broth, jello, or clear fruit juices).
- At 8 pm, the night before the exam, drink one 10 oz bottle of "Citrate of Magnesia".
- Between 8 pm and midnight, the evening before your exam, drink five 8 oz glasses of water or clear fruit juice.
- At 10 pm, the evening before your exam, take 4 Dulcolax tablets with water
- Have nothing to eat after midnight.
- The morning of your exam, administer a "Fleet's" enema at 6:30 am – follow directions on the package.
- Do not eat breakfast the morning of your exam.
- Take your daily medication with small amounts of water or clear fruit juice.

- Bring your prescription and insurance card.
- Bring all previous imaging/radiology studies and reports (that were not done at RAI) relating to your current study.

For additional Information please call **(609) 585-8800**